

WHAT DO MENTAL HEALTH CONDITIONS COST STATES IN TOTAL?

\$3.5 TRILLION

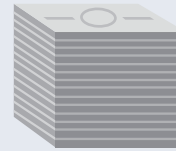
Cumulative projected total cost of mental health conditions 2016-2030 on states.



PARTNERSHIP TO FIGHT
CHRONIC DISEASE
A VISION FOR A HEALTHIER AMERICA

FightChronicDisease.org/NatTotals

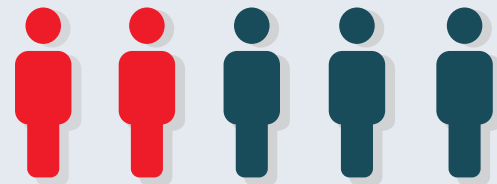
\$676



Average cost per capita to every United States resident annually

**TOTAL COST =
\$3.4T IN MEDICAL +
\$140.8B IN SOCIETAL COSTS**

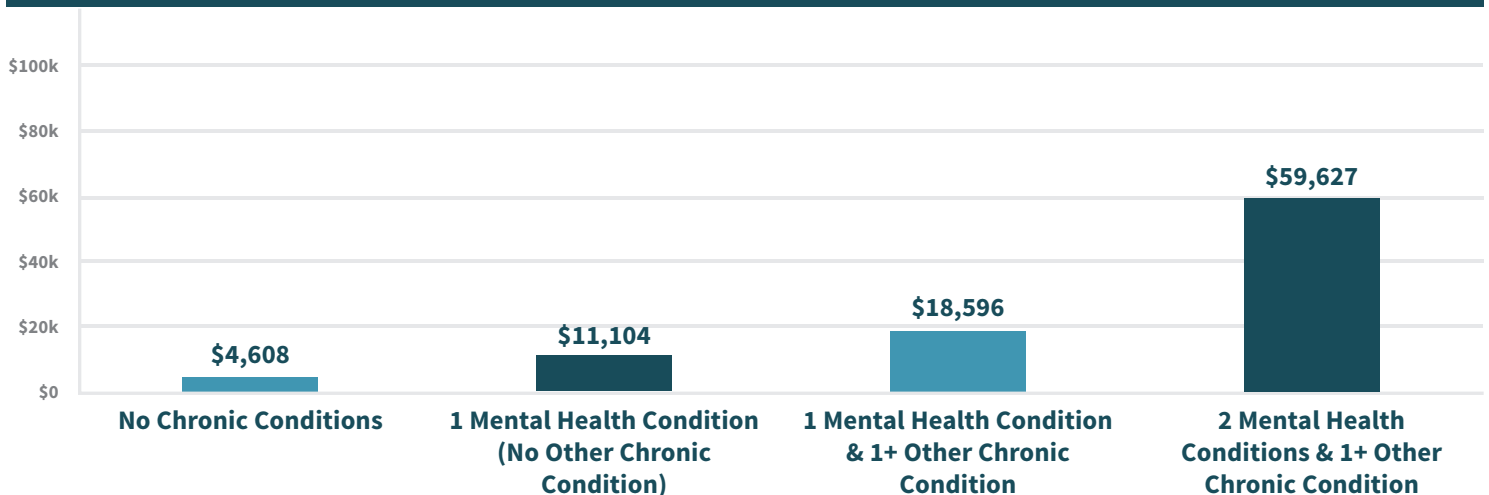
Societal Costs: Lost productivity (state employees), additional jail time (inmates), & nursing home stays (Medicaid).



41% of adults covered by the states have at least 1 mental health condition. That equates to 15.9 million adults.

MEDICAID ADULTS: STATE AVERAGE PER CAPITA SPENDING BY HEALTH STATUS

Having Multiple Chronic Conditions Dramatically Increases Medical Costs*



*Though mental health conditions are chronic conditions, for purposes of this graph mental health conditions are shown separately from other chronic conditions. Mental health conditions considered are depression, anxiety, bi-polar, and schizophrenia.



HOW MUCH COULD THE UNITED STATES SAVE?

**\$22.8
BILLION**

per year can be saved in medical and societal costs

X

**15
YEARS**

=

**\$342
BILLION**

POLICY SOLUTIONS TO HELP ACHIEVE SAVINGS

- + Meaningful access to mental health services and innovative treatments
- + Better medication adherence
- + Early detection and timely access to care
- + Greater integration of behavioral health and traditional medical care

STATE OPPORTUNITIES TO SAVE INCLUDE



**PRISON
SAVINGS**

SAVING \$397.7 MILLION

per year in extended jail time.
That's the same as

**10,363 FEWER
YEARS OF PRISON**



**PRODUCTIVITY
COSTS**

REDUCING THE \$3.6 BILLION

a year in lost productivity among state employees with at least one mental health condition

LEARN MORE ABOUT THE CHRONIC DISEASE IMPACT:

FightChronicDisease.org/NatTotals